

4/10 Work Schedule

Team / location: _____ Week starting: _____

Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
Name 1	10	10	10	10				40

The 4/10 schedule is four 10-hour days and three days off, for 40 hours a week. Enter hours per day; the total updates automatically. Choose which day each person has off.